

SPICE OF LIFE CAFÉ DELI

AVAILABLE FROM 6.45am to 12noon

Gluten –free bread \$1 extra

Big Daddy Breakfast 24.9 GF if bread is substituted
eggs, bacon, grilled tomato, mushroom, hash brown and
chipolata sausages served on toast

Eggs Benedict 17.9 GF if bread is substituted
two poached eggs, grilled tomato and home-made hollandaise
sauce served on turkish toast with a choice of bacon OR salmon
(\$3 extra)

Charred Vegetable Halloumi Stack 17.9 V
GF if bread is substituted
chargrilled pumpkin, zucchini, eggplant, capsicum and pesto on
sourdough rye toast smeared with beetroot babaganoush
add half chorizo 5 add egg 2.5

Brekky Wrap 16.9
bacon, fried egg, spinach, tomato relish, danish feta, aioli

Chilli Scrambled Eggs 17.9 GF option available
with grilled chorizo, tomato relish and sourdough rye toast

Smashed Avocado 16.9 V contains nuts
with spinach, feta crumble, basil and roasted tomato on
sourdough rye toast

Kumara Zucchini Fritters 17.9 GF V
with mushrooms, halloumi, spinach and sunflower seeds topped
with a poached egg

Just Want Eggs on Toast 9.9 GF option available
add salmon 7
add bacon or half chorizo 5
add halloumi, hollandaise, spinach, mushroom or avocado 4 ea
add tomato or hash brown 3
add baked beans or chipolata sausages (2) 3
add extra toast or extra egg 2.5

Pancakes 16.9 V
with berry compote and ice cream

Quinoa Porridge 15.9 GF DF Vegan
with oats, oat milk and berry compote

Toast 5.9 V
choice of white vienna, mixed grain, turkish, sourdough rye or
gluten-free with either honey, 'The Grainge' raspberry jam,
vegemite or marmalade

Door Stop Fruit Toast 4.9 / 7.9 V
served with 'The Grainge' raspberry jam

FRESH JUICES & SPRITZERS

Start Me Up orange apple ginger mint 8.9

Apple 8.9

Orange freshly squeezed 8.9

Lemon Ginger Spritzer 5.9

CHILLED DRINKS

Tropical Treat Smoothie mango passionfruit 9.9

Razzamatazz Smoothie raspberry white choc 9.9

Banana Smoothie banana honey 9.9

Fitness Smoothie mango banana spinach chia &
coconut water - dairy free 9.9

Iced Coffee / Chocolate 7.9

Iced Latte 5.9

Iced Turmeric Latte 6.9

Iced Chai latte 6.9

Spider 5.9

Milkshake 7.9
chocolate, vanilla, caramel, strawberry

Home-made Iced PeachTea 5.9

COFFEES

Short Black, Long Black, Macchiato 4.5

Flat White, Latte, Cappuccino 4.5

Cafe Mocha, Vienna 4.9

Affogato 5.9

Extra Shot 0.8

Alternative Milks 0.8

Syrups (Caramel Vanilla Hazelnut) 0.8

Upgrade to mug size or jumbo size 0.8 / 1.2

OTHER HOT DRINKS

Chai Latte 4.7

Turmeric Latte 4.7

Hot Chocolate 5.3

Loose Leaf Teas 4.9

Herbal Infusions 4.9

see our tea board for all varieties available

add marshmallows (2) 0.8

SPICE OF LIFE CAFÉ DELI

AVAILABLE FROM 6.45am to 4pm

Soup of the Day 12.9

ask our staff for today's selection served with toast

Salad 9.9/13.9

two varieties from our display cabinet
three varieties from our display cabinet

Lamb's Fry 17.9

fried lamb's liver in red wine sauce with bacon and sourdough rye toast

Traditional Beef Lasagne 16.9

served with choice of salad from our display cabinet

Quiche of the Day 15.9

served with choice of salad from our display cabinet

Gourmet Sandwiches 11.9

see our display cabinet for today's selection

Toastie 8.9

served on toasted white bread
ham & cheese; ham, cheese & tomato; or cheese & tomato

GF bread 1

FOR THE LITTLE ONES

Bacon and Egg Roll 9.9

Fried Egg with Toast 6.9 V

add bacon 5 add hash browns 3
add sausage 3 add baked beans 3

Pancake 10.9 V

with ice cream and maple syrup

Hot Dog 9.9

with tomato sauce

Fish and Chips 15.9

served with tartare sauce

Cheeseburger 10.9

add chips 5.9

Toastie 8.9

served on toasted white bread
ham & cheese; ham, cheese & tomato; or cheese & tomato

AVAILABLE FROM 12noon to 4pm

Salt & Pepper Calamari 15.9 GF

served on a bed of salad with chilli plum dipping sauce

add chips 5.9

Nasi Goreng 15.9 V DF

indonesian fried rice served with fried egg and fried shallots
add chicken satay with peanut sauce 6

Pulled Pork Mexican Bowl 19.9 GF DF

pulled pork, rice, street corn, salsa, guacamole and corn chips

Moroccan Chickpea Lentil Stew 15.9 V

GF option DF option Vegan option
red lentils, chickpeas, leeks, sweet potato, cauliflower, almonds
served with turkish bread

Roast Vegetable Melt 14.9 V GF option available

turkish toast, mixture of roast vegetables, swiss cheese,
balsamic glaze

add chicken 6 add bacon 5 add egg 2.5
add halloumi 4 add salmon 7

Ruben Sandwich 14.9

toasted rye, silverside, gherkins, sauerkraut, russian sauce,
swiss cheese

Grilled Barramundi 20.9 GF DF

served with salad, fries and home-made tartare sauce

Gourmet Beef Burger 16.9

with mixed lettuce, tomato, cucumber, caramelized onion, our
beetroot orange chutney and bbq sauce

add chips 5.9 add egg 2.5 add bacon 5

Gourmet Vege Burger 16.9 V

chickpea and lentil burger with lettuce, tomato, cucumber,
caramelized onion, our beetroot orange chutney and tomato relish

add chips 5.9 add egg 2.5 add bacon 5

Sweet Potato Chips 7.9

with sweet chilli aioli

Chips 9.9

served with a choice of aioli, bbq or tomato sauce